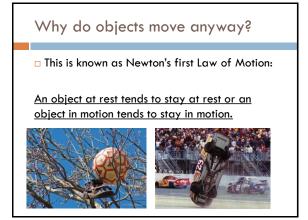
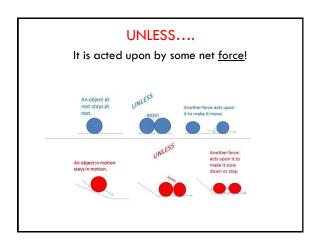
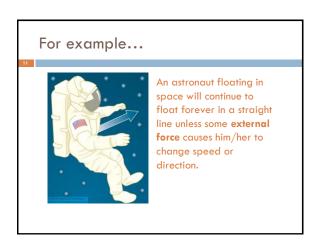


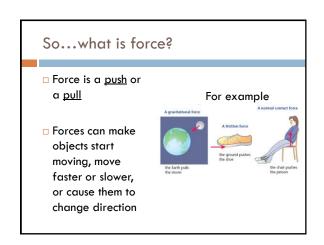
Why do objects move anyway?

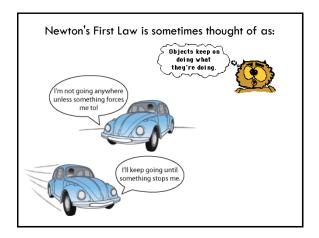
- Rest is the term for a complete lack of motion. Objects stay at rest unless a force causes the object to move.
- □ However, once an object is in motion, it cannot be stopped unless another force is applied.

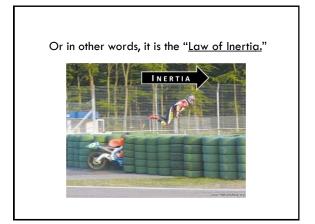










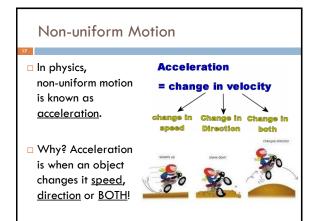


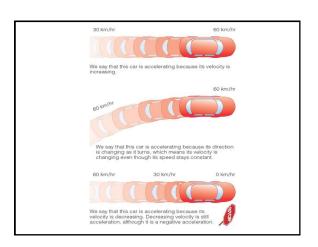
Inertia

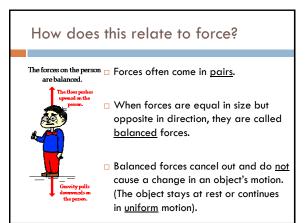
- □ The tendency of an object stay at rest or to continue in motion is called <u>inertia</u>.
- All objects have inertia. The greater the mass of the object, the greater the inertia or the ability to resist change.

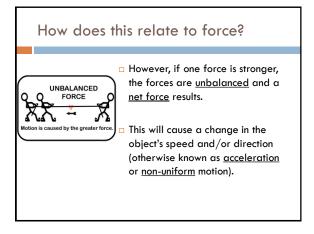
Types of Motion

- □ There are two types of motion: <u>uniform</u> and <u>non-uniform</u>.
- □ Uniform motion is motion at a <u>constant speed</u> in a <u>straight line</u> (i.e. going one direction).
- Non-uniform motion occurs when there is a change in speed AND / OR direction.









In Summary: A force is not needed to keep an object in motion. Objects stay at rest or in motion because of inertia. Unbalanced forces cause acceleration. Acceleration, also known as non-uniform motion, is a change in speed AND/OR direction.

